2016 Healthcare Booths
Providing Information to Our Participants

- Dr. Christy Richardson, Diabetes Screenings
- Dr. Eboni January, OB/GYN Peoples Health Center
- Dr. Denise Hooks-Anderson, St. Louis University Family & Community Medicine
- Dr. Evelyn A. Irving, Family Therapy Specialist
- Dr. Jacqueline Hall-Davis, Child Psychiatrist
- Monica Tyler, LMT Optimum Rebalance Inc.
- Aimee James, PeCAD (Program for the Elimination of Cancer Disparities)
- Sifu Herb Parren, Tai Chi Instructor
- Tim Williams, Planned Parenthood
- Skylar A. Wilson, Skylarlicious Naturals
- Brantice C. Jefferson, Butterfly Kisses

Volley Ball Games, Hula Hoop Contests, Arts & crafts, Face painting, Tai Chi, Refreshments, and much more...

Refreshments available after walk

Community Women Against Hardship
Barnes Jewish Hospital
Ameren Missouri
People’s Health Center
Richardson Endocrine Care
Presents

12th Annual
Walk-A-Thon & Health Fair

Honorary Co-Chairs
- Dr. Christy Richardson, Endocrinologist, DePaul Hospital SSM
- Dr. Denise Hooks Anderson, St. Louis University Family & Community Medicine
- Dr. Eboni January, OB/GYN People’s Health Center
- Dr. Evelyn A. Irving, Family Therapy Specialist
- Dr. Jacqueline Hall – Davis, Child Psychiatrist
- Dr. Will Ross, Washington University School of Medicine

Since 1988, CWAH has provided services to over 6,000 women and children. CWAH – Family Support Center provides various educational & development programs for both adults and youths:

- Parent Opportunity Programs: Group Therapy, Computer, Fitness & Nutrition Classes with the University of Missouri St. Louis - College of Nursing students, Tai Chi, Job Readiness, Career Assessment & Counseling
- Transitional Housing Program
- Youth Enrichment Programs:
  - The Institute For the Advancement of Jazz Study and Performance, Fine Arts
  - Entrepreneurship classes, and Community Outreach
- Non-Violent Youth Summits - Health & Wellness Programs

Official Registration Form
CWAH Walk-A-Thon & Health Fair
Saturday June 18, 2016
8:00 a.m. Registration
Tower Grove Park – 4256 Magnolia

Name:____________________________________
Address:__________________________________
City/State/Zip____________________________
Home Phone:_____________________________
Email:___________________________________

Team/Employer/Organization:__________________________

I am an individual participant _____________________________

Check One: Female ___  Male ___ T-shirt Size ______

Signature:____________________________________

My company has a matching gifts program:
_____ Yes        _____ No

I’m interested in organizing a walk team: Yes or No

Unable to attend would like to sponsor a family:

Registration $20 for adults - $10 teens 13 – 17
kids 12 and under - free
Make checks payable to: CWAH
Registration covers your CWAH t-shirt – no shirts given to kids 12 and under

Amount Enclosed $_________

Food, Fitness and Fun – Come and Enjoy!
**PLEDGE / SPONSOR LIST**

**CWAH “WALK FOR LIFE” Walk – A-Thon & Health Fair**  
**June 18, 2016 – 8:00 AM Tower Grove Park**

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Make checks payable to: Community Women Against Hardship [CWAH]  
**CWAH, 3963 West Belle Pl. St. Louis, MO 63108**

Please make sure all pledge forms are completely filled out so CWAH may contact you should we have questions, and for you to be credited correctly for the amount of funds you raised. Community Women Against Hardship (CWAH) is a 501c (3) non-profit organization located at 3963 West Belle Pl. St. Louis, MO 63108

Waiver and release: As a voluntary participant in the Walk – A-Thon & Health Fair, I understand that CWAH will not be responsible for any injuries, property damage or other losses sustained by me. I hereby release CWAH, its employees, agents/volunteers, successors and assign from any claims or actions of any nature whatsoever arising from my participation in the Walk – A-Thon & Health Fair. I agree to indemnify and hold harmless CWAH from any third party claims.

Signature: ___________________________ Date: _____________

**COMMUNITY WOMEN AGAINST HARDSHIP**

“Empowering The Community Since 1988”

**BARNES JEWISH HOSPITAL**  
Ameren Missouri  
People’s Health Center  
RICHARDSON ENDOCRINE CARE

**Presents**

**12th Annual**  
**WALK FOR LIFE**  
**WALK – A-Thon & Health Fair**

**June 18, 2016**  
**8:00 Registration**  

**Choose 1k, 3k, or 5k**  
**Non-competitive walk/run**

**Tower Grove Park**  
**4256 Magnolia – Grand Entrance – Son of Rest Shelter**  
For Details Call 314-289-7523  
www.cwah.org