2019 Healthcare Booths

Providing Information to Our Participants

- Aimee James, PeCAD, Program for the Elimination of Cancer Disparities
- Assured Health Services, LLC, Taria Dyson
- Betty Jean Kerr Peoples Health Centers
- Deborah Phelps Wobble
- Dr. Christy Richardson, Diabetes Screenings
- Dr. Eboni January, OB/GYN
- Dr. Denise Hooks Anderson, Internal Medicine
- Dr. Tracy Reed, DPM Total Comfort Foot Care
- Empowerment Network Prostate Cancer
- Gateway To Oral Health,
- Jackie Griffin, Arts & Crafts
- JoAnn Reese Pure Emancipation, Holistic Health Coach
- Monica Stewart Warm Up
- Monica Tyler, LMT Optimum Rebalance
- Myrtis Spencer, Knight's Alzheimer Disease Research Center
- Proficient Chiropractors, Drs. Xavier Tipler& Edgar Everett
- Sharon Holbrook, Monsanto YMCA
- Skylar A. Wilson, Skylarlicious Naturals
- SLHV Cardiology- Toniya Singh, M.D.
- St. Louis Effort For Aids, David Hervey
- Tim Williams, Planned Parenthood

Volley Ball Games, Hula Hoop Contests

Arts& crafts, Face painting, Wobble lessons,
Refreshments, and much more...
Prizes for the largest teams

Community Women Against Hardship

Barnes Jewish Hospital

Ameren Missouri Richardson Endocrine Care Presents

15th Annual Walk- A- Thon & Health Fair Honorary Co- Chairs

- Dr. Christy Richardson, Endocrinologist, DePaul Hospital SSM
- Dr. Ebony January, OB/GYN
- Myrtis Spencer, Community Outreach Coordinator Knight Alzheimer Disease Research Center, Washington University School of Medicine
- Dr. Will Ross, Washington University School of Medicine Since 1988, CWAH has provided services to over 6,000 women and children. CWAH — Family Support Center provides various educational & development programs for both adults and youths:
- Parent Opportunity Programs: People With Purpose, Computer, Fitness & Nutrition Classes with the University of Missouri St. Louis -College of Nursing students, Literacy Nights with Harris Stowe University, Yoga, Job Readiness, Career Assessment & Counseling & many more workshops
- Transitional Housing Program
- Youth Enrichment Programs: Fine Arts, Mass Media
- The Institute For the Advancement of Modern American Music
- Entrepreneurship classes, and Community Outreach
- Non- Violent Youth Summits Health & Wellness Programs

Official Registration Form

CWAH Walk-a- Thon & Health Fair Saturday May 18, 2019 8:00 a.m. Registration Tower Grove Park – 4256 Magnolia

Name:
Address:
City/State/Zip
Email:
Team/Employer/Organization:
I am an individual participant
Check One: Female Male T-shirt Size
Signature:
My company has a matching gifts program:YesNo
I'm interested in organizing a walk team: Yes or No
Unable to attend would like to sponsor a family: \$

\$20 for adults - \$10 teens 13 - 17
kids 12 and under - free
Make checks payable to: CWAH
\$_____Amount Enclosed
Registration covers your CWAH t-shirt - no shirts given to kids
12 and under

Registration





PLEDGE / SPONSOR LIST CWAH "WALK FOR LIFE" Walk –A-Thon & Health Fair May 18, 2019– 8:00 AM Tower Grove Park

Walker Name:	Phone:	Email:	
Team Captain:	Phone:	Email	
Company or Team Name:			
Full Mailing Address:	City	State	Zip
Make check	s payable to: Community CWAH, 3963 West Belle		
Sponsor Name	Phone #	Flat Pledge Amt.	Matching Gift
Please make sure all pledge forms are complet funds you raised. Community Women Against Waiver and release: As a voluntary participant other losses sustained by me. I hereby release arising from my participation in the Walk- A-	t Hardship (CWAH) is a 501c (3) non — ; in the Walk-A- Thon & Health Fair, I u CWAH, its employees, agents/voluntee	profit organization located at 3963 I nderstand that CWAH will not be re- rrs, successors and assign from any c	West Belle Pl. St. Louis, MO 63108 esponsible for any injuries, property damag laims or actions of any nature whatsoever
Signature:		Date :	
PROVID	OHT OT BYON DAIL	SE IN NEED	C.W.A.

COMMUNITY WOMEN AGAINST HARDSHIP

"Empowering The Community Since 1988"

BARNES JEWISH HOSPITAL

AMEREN MISSOURI
RICHARDSON ENDOCRINE CARE

Presents

15th Annual

WALK----- FOR -----LIFE

WALK – A- THON &
HEALTH FAIR



May 18, 2019 8:00 Registration Warm Up - 8:30am Walk begins promptly 8:45am

Choose 1k, 3k, or 5k Non-competitive walk/run

Tower Grove Park
4256 Magnolia Grand Entrance -Son of Rest Shelter
For Details Call
314-289-7523
www.cwah.org